Plant a Flower Enjoy watching a flower seed grow together.

Flowers
Materials
plastic or paper cup
potting soil
flower seed

1. Fill a cup with potting soil until it is almost to the top.
2. Gently press the soil down.
3. Use your fingers to push 2 or 3 flower seeds into the cup about one-third of the way down.
4. Cover the seeds with soil.
5. Lightly moisten the soil with water.
6. Over the next few days, add more water to make sure the soil is moist but not too wet.
7. You can place the water in a spray bottle for your child to mist to prevent overwatering.

Seed Story
The author describes many ways that seeds are spread, such as by wind or by animals. With your child, tell the story of the “Journey of a Seed” describing how the seed travels, where it lands, and what happens when it lands.

Book Links
• Plant Secrets, by Emily Goodman
• Plants that Never Ever Bloom, by Ruth Heller

Internet Challenge
Are you growing impatient waiting for your seed to sprout? Search the Internet for “time lapse photos seeds sprouting” or “time lapse photos flowers growing” to watch some plants in action!

Flower Parts
In this week’s selection, your child learns how flowers have different parts and how these parts work. Choose a few flowers from outside or from the grocery store. Let your child take apart the flowers and look at the different parts. Draw a diagram of one of the flowers before you take it apart. Use a book or the Internet to find a diagram of the parts. Label each part you find.

Kitchen Plants
Your child probably knows that we eat fruits. Would your child be surprised to know that we eat seeds and pods as well? Have a scavenger hunt in your kitchen or at the store. Can you find fruits (apples, mangoes, cantaloupe), seeds (peanut, cumin, pecan), or pods (snow pea pods, green beans) that we eat?

WHAT GROWS AROUND US! PLANT RESOURCES

Cotton plants provide material for clothing.

Bamboo provides flooring material for houses.

Flowers provide bees with nectar that they make into honey and we use honey to sweeten our food.

Trees are ground into pulp to make paper.